

## PIT STOP 'GRAB 'N' GO' MENU



Monday – Friday, 8:30am - 4:30pm  
 Excluding Bank Holidays  
 Call your order through on **01937 840018**

### BREAKFAST SERVED 8:30AM – 11:00AM

<b>BACON SANDWICH</b>	<b>3.25</b>
Grilled dry-cured bacon, served in a soft white or granary roll	
<b>GRILLED MASHAM BANGER</b>	<b>4.95</b>
Grilled Masham sausage, flat mushroom, with or without a fried egg, served in a soft white or granary roll <i>Can also be served with a meat-free "sausage"</i>	
<b>THE NOD TO WELLNESS</b>	<b>6.25</b>
Smashed avocado on sourdough toast, poached hen's egg, with smoked salmon or grilled bacon	
<b>TOAST AND PRESERVES</b>	<b>2.45</b>
<b>YORKSHIRE BAKED GRANOLA</b>	<b>4.25</b>
Served with honey and natural yoghurt, or simply with semi-skimmed milk	

### LUNCH AVAILABLE FROM MIDDAY – 2:15PM

#### STARTERS AND SNACKS

<b>SEASONAL SOUP OF THE DAY</b>	<b>3.50</b>
Changes like the chef's mood, served with crusty bread	
<b>BEST OF BRITISH BOARD</b>	<b>7.50</b>
Lishman's of Ilkley cured meats, Yorkshire cheeses, Bowcliffe pickles and breads	

#### SALADS

<b>MANGO AND AVOCADO</b>	<b>4.50</b>
Potting Shed leaves, smoked almonds, tomato, cucumber, lemon and coriander dressing	
<b>COBB</b>	<b>4.50</b>
Pancetta, Yorkshire blue cheese, iceberg lettuce, hard-boiled egg, avocado, tomato, red wine vinaigrette	
<b>GREEK</b>	<b>4.50</b>
Aged feta cheese, Kalamata olives, watermelon, pickled shallots, cucumber, cherry tomatoes, mint, oregano-infused oil	

*Add the following to any of our salads...*

SMOKED CHICKEN OR GRILLED SALMON	<b>+ 2.00</b>
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#### SANDWICHES

*Served on a white or granary roll.*

*Gluten free bread available upon request.*

<b>GOATS' CHEESE</b>	<b>4.45</b>
Roasted pepper, home-dried tomatoes, basil pesto	
<b>CHICKEN AND AVOCADO</b>	<b>4.45</b>
Sliced chicken breast, avocado, basil pesto, mayonnaise, Potting Shed leaves	

<b>YORK HAM</b>	<b>4.75</b>
Tomato chutney, Fountains Gold cheddar cheese, Potting Shed leaves	
<b>CROQUE-MONSIEUR</b>	<b>5.75</b>
Toasted sourdough, York ham, Gruyère cheese, béchamel sauce, Dijon mustard	
<b>CRAB AND MANGO</b>	<b>5.75</b>
Open sandwich with toasted sourdough, rocket leaves, crème fraîche, chilli, lemon, parsley	

#### SIDES

<b>BOWCLIFFE TRIPLE-COOKED CHIPS</b>	<b>2.50</b>
<b>SKINNY FRIES</b>	<b>2.50</b>
<b>MIXED LEAF SALAD</b>	<b>2.50</b>
House dressing	
<b>SEASONAL MIXED VEGETABLES</b>	<b>2.50</b>

#### SNACKS

<b>YORKSHIRE CRISPS</b>	<b>.95</b>
<i>Natural Sea Salt, Cheddar and Caramelised Onion Chutney, Chardonnay Wine Vinegar, Sweet Cured Ham and Pickle, Henderson's Yorkshire Sauce, or Sweet Chilli and Lime</i>	

#### CAKES AND TREATS

<b>ASSORTED CONFECTIONERY</b>	<b>1.80 –</b>
Fresh from the kitchen	
	<b>3.50</b>
<i>Vegetarian substitutes available. Products may contain nuts or other allergens, please ask for details.</i>	

#### DRINKS

##### SOFT DRINKS

<b>FEVER-TREE</b>	200ml	<b>1.85</b>
<i>Ginger Beer, Lemonade, Soda Water, Ginger Ale, Bitter Lemon, Elderflower, Light Tonic, or Tonic</i>		
<b>COCA COLA/DIET COKE</b>	330ml	<b>1.90</b>
<b>APPLETISER</b>	275ml	<b>2.50</b>
<b>FROBISHERS</b>	250ml	<b>2.60</b>
<i>Orange, Apple, Cranberry, or Tomato</i>		
<b>FROBISHERS SPARKLING</b>	330ml	<b>3.00</b>
<i>Apple, Pear and Elderflower, St. Clements Orange and Lemon, or Sparkling Raspberry</i>		
<b>HARROGATE SPA WATER</b>	330ml/750ml	<b>1.65/</b>
		<b>3.10</b>

##### HOT DRINKS

<b>CAPPUCCINO</b>	<b>2.95</b>
Mixture of aromatic espresso, steamed milk topped with foam	
<b>LATTE</b>	<b>2.75</b>
Mixture of aromatic espresso, topped up with velvety smooth steamed milk	
<b>FLAVOURED LATTE</b>	<b>3.1</b>
<i>Vanilla, Hazelnut, or Caramel</i>	
<b>AMERICANO</b>	<b>2.25</b>
Aromatic espresso and hot water served long, with or without milk	
<b>ESPRESSO</b>	<b>2.25/</b>
Rich and intense, dark aromatic short coffee	
	<b>3.25</b>
<i>Single or double</i>	
<b>MOCHA</b>	<b>3.00</b>
A full mug of indulgent coffee blended with chocolate containing over 30% swiss cocoa powder and frothy milk	
<b>HOT CHOCOLATE</b>	<b>3.25</b>
A rich hot chocolate served with or without whipped cream and marshmallows	
<b>TEA</b>	<b>2.10</b>
YORKSHIRE TEA or TEA FORTÉ	
<i>English Breakfast, Decaffeinated English Breakfast, Earl Grey, Chamomile Citron, Moroccan Mint, African Solstice, or Blueberry Merlot</i>	