



Monday - Friday, 9.00 am - 5:00 pm  
 Excluding Bank Holidays  
 Call your order through on  
 01937 840018

Card Payment over the phone  
 Or  
 Charged to your Members Card

## PIT STOP 'GRAB 'N' GO'

### BREAKFAST *Served 8.30 am - 11:15 am*

**BACON SANDWICH** 4.25  
 Grilled dry-cured bacon, served in a soft white roll or ciabatta

**SAUSAGE SANDWICH** 4.75  
 Grilled Yorkshire sausages, served in a soft white roll or ciabatta

**NOD TO WELLNESS** 4.75  
 Smashed avocado on sourdough toast, poached hen's eggs  
 ADD DRY-CURED BACON, SMOKED SALMON OR PORTOBELLO M'ROOM +2

**TOAST** 2.45  
 Sourdough toast, served with butter and preserves, honey, strawberry jam or marmalade

**PORRIDGE** 3  
 Sweet or salted rolled oats, topped with fresh berries and a drizzle of honey

### LUNCH *Available from midday - 2:15pm -*

**SEASONAL SOUP OF THE DAY** 3.5  
 Changes like the chef's mood, served with crusty bread

### SANDWICHES & WRAPS

*Served on a soft ciabatta roll or a toasted tortilla wrap. Gluten free bread also available.*

**HONEY ROAST YORKSHIRE HAM** 6.50  
 Thick cut Yorkshire Ham, Mature cheddar cheese, Branston pickle and mixed salad leaves

**CHARCOAL ROASTED CHICKEN** 6.50  
 Sliced avocado, basil pesto, mixed leaves and parmesan shavings

**GREEN GODDESS** 6.50  
 Soft goats' cheese, avocado, cucumber, bean sprouts, tomatoes, gem lettuce, roast garlic, with green herb and pine nut mayonnaise

**OAK ROAST SALMON** 6.50  
 Cucumber, citrus cream cheese chives and rocket leaves

**CROQUE MONSIEUR** 8.75  
 Yorkshire ham, melting gruyere cheese, Dijon mustard, tomato chutney and skin on fries

**BOWCLIFFE STEAK BURGER** 10.5  
 Dry aged beef burger, toasted brioche bun, gruyere cheese, smoked streaky bacon, tomato, crisp gem lettuce and skin on fries

**LEMON & BLACK PEPPER FISH FINGER SANDWICH** 10.5  
 Tartar sauce, sliced tomato, crisp gem lettuce, toasted brioche bun and skin on fries

### SIDES

**BOWCLIFFE TRIPLE-COOKED CHIPS** 2.50

**SKIN-ON-FRIES** 2.50

**SWEET POTATO FRIES** 2.50

### SALADS

**POTTING SHED SALAD** 6.95  
 Toasted corn, mixed herbs, garbanzo beans, avocado, cherry tomatoes, blueberries, pumpkin seeds and apple cider dressing

**CAESAR SALAD** 6.95  
 Crisp Parma ham, gem lettuce, parmesan shavings, sour dough croutes and homemade Caesar dressing

**GRAINS, NUTS & SEEDS** 6.95  
 Black rice, quinoa, toasted hazelnuts and cashews, pumpkin and sunflower seeds, mixed salad leaves, mango, cherry tomatoes and basil pesto

**ADD CHICKEN, SMOKED SALMON OR GOATS CHEESE TO YOUR SALAD** +2

### SNACKS

**YORKSHIRE CRISPS** 1.10

### CAKES AND TREATS

**ASSORTED CONFECTIONERY** 1.80 - 3.50

**FESTIVE MINCE PIES** 1.80

### DRINKS

#### SOFT DRINKS

**FEVER-TREE** 200 ML 1.85  
 Ginger Beer, Lemonade, Soda Water, Ginger Ale, Elderflower, Light Tonic, or Tonic

**COCA COLA/DIET COKE** 330 ML 1.90

**APPLETISER** 275 ML 2.50

**FROBISHERS** 250 ML 2.60  
 Orange, Apple, Cranberry, or Tomato

**HARROGATE SPA WATER** 330 ML 2

**ICED COFFEE** 2.30  
 Aromatic espresso, cold milk, ice

#### HOT DRINKS

**AMERICANO** 2.60  
 Aromatic espresso and hot water served long, with/without milk

**CAFFÈ LATTE** 2.75  
 Velvety smooth steamed milk, topped up with aromatic espresso  
 ADD CARAMEL, HAZELNUT, OR VANILLA SYRUP +.45

**CAPPUCCINO** 2.75  
 Mixture of aromatic espresso, steamed milk topped with foam

**FLAT WHITE** 2.75  
 Aromatic espresso, with velvety micro-foam

**MOCHA** 2.75  
 A full mug of indulgent coffee blended with chocolate containing over 30% swiss cocoa powder and frothy milk

**HOT CHOCOLATE** 2.95  
 A rich hot chocolate topped with chocolate sprinkles

**TEA** 2.10/2.30

#### YORKSHIRE TEA OR TEA FORTÉ

*English Breakfast, Decaffeinated English Breakfast, Earl Grey, Chamomile Citron, Moroccan Mint, African Solstice, or Blueberry Merlot*

If you have a food allergy or intolerance, please advise one of the team upon placing your order.